

www.fvqi.org

July 2013

Inside this issue:

From the President

Happy belated Independence Day! It's hard to believe that we are already starting a new guild year. The last 12 months flew by and now here I am, doing what I dreaded most as your new President, writing the "Note From The President". I may find it hard to write something inspiring each month. Something that will make you want to jump up and run to your sewing machine to finish up a project or start a new one. But as Diane said in her note last month, "food and quilts it doesn't get any better than that". I whole-heartedly agree with Diane, as do many of our fellow guild members. At our last spring retreat, I was having a delightful dinner with a bunch of delightful guild members and we thought I might be able to lend more inspiration through my recipes I've written as opposed to finding exciting sewing things to talk about. As some of you already know, I am a Chef so food is my life. I have developed all the recipes I will share and will make them seasonal and simple. Feel free to give them a try and email me any questions you might have. That is where my strong point is, cooking. That, I can write about. So here you go...

I developed the following recipe to be made as chicken sandwiches, but I have been making this chicken over and over again for the past few weeks and have been serving it in many different ways; cut up in pasta salads; chicken salad; on top of green salad; and in rice bowls. So please use your imagination with this one and don't limit the marinade to chicken, it would be great on pork, lamb and beef too.

Enjoy! - Chris

(recipe on next page)

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Snippets

- ◆ Meetings begins at 6:45pm
- ◆ FVQI Board meetings are scheduled for the first Wednesday of every month and are open to all members
- ◆ Show and Tell; Neonatal Quilts
- ◆ Library items; Challenge Quilts
- ◆ Friendship Blocks Drawing

Marinated Chicken Sandwiches with Herbed Mayonnaise

1 pkg Boneless Skinless Chicken Breasts or Thighs
 Your favorite rolls
 Toppings: lettuce, tomato, onions, grilled onions, avocado, cheese

Marinade:

1 tsp	Dried Oregano	2 tsp	Salt
1 tsp	Dried Basil	1/4 tsp	Black Pepper
1 tsp	Dried Sage	2	Juicy Lemons, juiced
1 tsp	Dried Tarragon	1 tbsp	Sherry Vinegar
1/4 tsp	Dried Thyme	3 lg	Cloves Garlic, minced
1/4 tsp	Dried Dill	1 tsp	Dijon Mustard
		3 tbsp	Olive Oil

Spread:

1/2 c Mayo
 2 tbsp Marinade (before chicken goes in)

- ◆ Trim any remaining fat from chicken. If desired, slice breasts in half. To do this, lay breast on cutting board and lay your hand flat on top of it. Using a sharp knife, starting at the thickest part of the breast, and keeping your knife parallel with the cutting board, slice down the middle as evenly as possibly all the way to the skinny, pointy end. Now you will have two breast pieces that will cook more evenly.
- ◆ In a small mixing bowl, combine all the herbs, salt, and pepper. Whisk together. Add the lemon juice, vinegar, garlic and mustard. Whisk together. Drizzle in the oil while whisking vigorously. Do not add chicken yet!
- ◆ In a separate bowl, add mayo, and 2 tablespoons of marinade. (This has to be done before chicken is added to marinade.) Stir together and refrigerate until ready to use.
- ◆ In a shallow glass pan, combine chicken and marinade, making sure marinade evenly covers chicken. Cover and refrigerate 1 to 8 hours.
- ◆ When ready, remove chicken from marinade and discard marinade. Grill chicken until juices run clear.
- ◆ Grill rolls if desired. Spread herbed mayonnaise on each side, top with chicken, and any additional toppings you like.

This Month's Meeting

Wednesday, July 17, 2013, 6:45 pm

Eno Hall, Hopmeadow Street, Simsbury

Elke Mayer - Lecture and Trunk Show

Elke Mayer will present a trunk show of her beautiful quilts, including her original designs in Bargello technique, art quilts and contemporary designs. She has won several "Best of Show" and People's Choice" Awards. Her quilts have been exhibited in Hartford, CT; Dallas, TX; Chicago, IL; Santa Clarita, CA; Barcelona, Spain; Dortmund, Germany; Milano, Italy; and Alexandria Egypt. We look forward to having one of our own Guild members share some of her beautiful work with us.

The evening will also include some time for service work that can be done at the meeting. We will be sewing labels on neo-natal quilts, so please bring the basic sewing items like white thread, a needle, scissors and thimble if you use one. If you have not made a neo-natal quilt since last June, now is the to whip one together for this year before we start counting again.

Future Programs

August 21 – August 21 – A field trip to Quilts and Treasures located in East Longmeadow, MA. The shop has requested that we be there by 6:45 p.m. There will be demos, 10% discount, and goodies bags. PLEASE NOTE that you are being asked to sign up if you are planning on going, as Valerie Morton needs to know how many people to expect. If you are carpooling with someone else, please arrange to park in the commuter parking lot behind Fitzgerald's.

<http://www.quiltsandtreasuresinc.com/>

September 18 – Mickey Lawler lecture to include a trunk show of a few fabrics and quilts.

PLEASE NOTE that the **deadline is September 1** for signing up for Mickey Lawler's workshop. The July meeting is the last time we will have before the date of the workshop to sign up. If you are not able to be at the July meeting, please contact Susan Gauvain at susanguvain@sbcglobal.net or [860-651-3933](tel:860-651-3933). <http://www.skydyes.com/>

October 16 - Timna Tarr -- Lecture and Trunk Show on Modern Quilting. Timna's lecture will be a discussion to address some of the following questions: What is a "modern quilt"? What makes a modern quilt different from a traditional quilt? Where did the modern quilt movement come from? These questions will be addressed during a lecture/trunk show in which Timna will show some of her quilts, as well as the quilts of some modern quilters.

November 20 - Sue Reich - Newest lecture on: Susie C. Walker: Her Life and Quilts in a 19th Century Connecticut Silk Mill Company Town

December 18 - Holiday Social

Upcoming Workshops

September 19 – Mickey Lawler Workshop on: Playing With Paints on Fabric. In a relaxed atmosphere of warmth and good humor, students will spend the day becoming familiar with non-toxic transparent permanent textile paints, mixing, and applying the paints to cotton fabric for use in quilts. Students will paint sun-prints, leaf prints, create wonderful textures, garden fabrics, etc. and generally complete about 2 - 4 yards of fabric. The designs produced are a combination of planning and serendipity and give the students a hands-on basis for future exploration in hand-coloring fabric. Suitable for all levels. Moderate physical activity involved (standing, walking, etc.).



Fall Getaway Retreat



Fall Retreat... Important Update!



**We still have 10 spots remaining – if the retreat is not filled by July 17th,
It will be cancelled!**

If you've been thinking about attending this retreat, here are some options to consider...

The cost structure is per person and includes accommodations, 9 meals (Thursday Dinner through Sunday Lunch) and use of the entire facility:

There will be two options:

3-night option – the cost of this all-inclusive retreat is \$250

Add-a-Night – join the retreat a day early for an additional \$40 (no meals included)

Both options together!

A single payment of \$250 or \$290 will be due by September 30th to hold your space
Space will be limited to 25 attendees

To register, please email Caroline with your intention to attend at chbermanct@comcast.net with your name, phone number (home and cell), email address, and any special requirements, i.e. diet, mobility, etc.

Mark your calendars for next year...our 2014 Spring Retreat is also confirmed: March 12/13 – 16th!

Questions...contact Caroline!

Caroline Berman

860-658-9204

chbermanct@comcast.net

Spring Retreat

March 12/13 – 16, 2014...Mark your calendars.

Membership News

From Our 1st Vice President:

The Nominating Committee

The new board for the 2013-2014 Guild year is as follows: President - Chris Snieckus; 1st Vice President - Maureen Egan; Programs - Sue Gauvain, Elaine Reimer, and Sally Sargent Markey; Secretary - Robin Schofield; Treasure - Lori Yount; Newsletter - Christine Zepp; and Quilt Show Chair - Lisa Salvatore. Committee Chairs for the 2013-2014 are: ABC Quilts - Debbie Jacoby, Donna Dellacamera; Bee Keeper - Jane Hadley; Fabric Swap - Susan Elliott; Friendship Blocks - Diane Popko; Hospitality - Anne Dodge, Peggy Thomsen; Library - Anne Dodge, Lois Palmer, Lynn Emery; Neo Natal - Phyllis Small, Robin Schofield; Retreat, One Day Fall - Meg Lines, Faith Roth; Retreat Weekends, Fall and Spring - Caroline Berman; Socials - Meg Lines and Faith Roth; Webmaster - Laurie Rio

Thank you to all the new people who agreed to be on the board or on a committee, and thank you to all the members that agreed to stay on for another year. We must remember that we are a volunteer organization, and it is only through the time and effort our members contribute, that help keep this guild running. Without their efforts, we would not have a guild.

The birds are back, the flowers are out, the leaves have sprouted, must mean one thing...time to renew our guild membership. Dues remain at \$25 and can be paid at our next guild meeting, or can be sent in by mail. We will continue to do renewals through the next couple of months but just a reminder, anyone renewing after August 31, 2013, will be charged an additional \$5 late fee. We started this last year as a way to encourage timely payment and it worked quite well. See you June 19th.

Birthday's:



July

07/02 - Susan Grapkowski	07/25 - Marguerite Boslaugh
07/07 - Shelley Cassky	07/26 - Helga Sobek
07/08 - Robin Schofield	07/27 - Diane Calkin
07/11 - Lauren Allison-Fisher	07/30 - Minako Oba
07/13 - Meg Lines	07/31 - Jane Glynn
07/16 - Marilyn Smeggil	
07/17 - Elke Mayer	
07/18 - Jane Spangler	

August

08/02 - Lauren Elliott
08/06 - Jill Chirgotis
08/07 - Debbie D'Angelo
08/07 - Lyda Scudder
08/08 - Joan Hines
08/11 - Maureen Eagan
08/15 - Katie Vincent
08/19 - Sherry Shoblom
08/28 - Deb Mella

ABC Quilts

Our second ABC quilt is ready for the binding to be hand stitched. We will be doing this at this month's meeting. Bring your hand sewing supplies, we will provide the thread, and help us with this worthwhile effort. I know that we will be grateful for the air conditioning at Eno this month! I for one could not even think about binding such a big quilt at home in this heat!

We would like to thank everyone who has contributed to the ABC quilts this year. You have all been so generous with your time, talents and financial support. We are looking forward to presenting these quilts in August.

As work on this year's quilts is winding down, we are beginning to think about next year's quilts. We hope to have a pattern selected and some block kits ready by the August or September meeting. We will continue to need your help. In addition to constructing blocks, you can help by donating a batting or a backing or contribute to the purchase of a back or batting. Or if you use a longarm machine, help by quilting an ABC quilt.

Thanks for all you do!

Debbie Jacoby and Donna Delacamera

Community Service

Nothing new to report.

Quilt Challenge

Will be announced at the June meeting.

Mystery Night

Nothing new to report.

Neo Natal

In March 28 quilts were taken to the UConn Neo-Natal Unit. Fourteen of these quilts were from our guild members. Three more quilts were turned in at the March meeting. That means 17 or less members (some people have done two quilts) have made quilts since last July. The guild has over 100 members so surely we should be doing better than this! We need every member to make their yearly quilt.

Please remember how meaningful these quilts are for parents who have for some reason delivered their babies early. They will be spending many days or weeks in the neo-natal unit visiting their small and sometimes struggling babies. These quilts help to cover the unit, shielding the baby from light and sound. These wonderful quilts brighten the hospital environment making it warm and comforting.

Please start a quilt today. Any pattern, any color, and any size between 36 inches and 40 inches. Your quilt will be one of many good deeds done by our members.

Dot Witter

Friendship Block

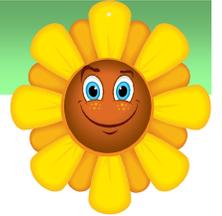
2013-2014 Friendship Blocks to be announced.

Guest Policy



There will be a \$5.00 **Guest Fee** at Guild Meetings with fee speakers and potluck dinners. Guest who join the guild that evening do not have to pay the guest fee.

Sunshine



Don't forget Sally always wants to know if anyone needs a cheer card or a sympathy card . You can contact Sally Sargent Markey (653-3224) or any board member. Sally's new email is : sallyspaints@yahoo.com.

It is with great sadness that we learned of the passing of Pat Leslie. Pat was an original member of the Guild. We send our thoughts and prayers to her family.

Quilt Show

The guild donated \$500 to the NE quilt Museum and \$1,500 to Quilts of Valor from the 2011 Quilt Show. These were the two charities that were selected in a vote by the guild in 2009. We know the money will be put to good use.

Member Classifieds

This is a new feature to the Newsletter. If you would like to advertise a service or are looking to sell or buy something related to quilting/sewing, you can now advertise it here. Your advertisement will be kept in the Newsletter for six months; after which it will be removed unless told otherwise.

Quilts of Valor

The Avon Congregation Church has started a Quilts of Valor group. We are meeting the first and third Thursdays from 6 PM to 9 PM each month. Everyone is welcome to join. We work on group quilts or you may work on one independently. Come when you can and bring your sewing machine, sewing kit, and rotary cutting tools. The address for the church is 6 West Main Street (corner of Route 44 and Route 10), Avon, CT. For more information, please contact Susan Elliott at 860-658-0863 or shselliot@sbcglobal.net or like us on Facebook—Sew Thankful Quilters

Quilts of Valor Foundation is a grassroots organization that makes quilts to honor wounded service people and veterans. They are distributed by need all over the country and to foreign hospitals. Their website is www.qovf.org

1/13

Services: The Quilted Basket offers Standard & Custom hand guided machine quilting services as well as carrying the full line of Sew Batik 108" wide backs & Quilter's Dream battings for all your quilting needs. Gift Certificates are available in any amount you'd like, great idea for Birthdays, Mother's Day or any other special day! Brochures are available at the monthly meetings as well as Sew Inspired. You can reach Debbie D'Angelo at 860-621-5596, quiltedbasket.com or quiltedbasket@gmail.com

2/13

For Sale: A Handi Quilter 2 Frame that will quilt up to a king size quilt. Also, a Juki heavy duty high speed sewing machine with speed control handles that was used with this frame, there are many extras and the whole set up is compact. Asking \$800 for everything. If interested please call Erica Wahl at 860-651-1385.

3/13

For Sale: 32 beautiful Italian silk men's neckties - all perfect - no stains - multiple colors. Asking \$100 or best offer for the entire lot. Call or email Caroline Berman at 860-944-9566 or chbermanct@comcast.net

5/14

Workshop Opening: Apple Valley Quilters has openings in both of our upcoming Carol Taylor workshops. Friday, July 19, is Arc-i-textures. Saturday, July 20, is Sheer Illusions (1-day version). You can view the classes and samples on Carol's website, caroltaylorquilts.com, and I have also attached fliers on the workshops. They are \$35.00 each, and will be held at the Holiday Inn Express in Southington. Contact Donna Nicklis at nicklisd@yahoo.com or 860-426-9272 if you are interested in attending either or both workshops, or if you have any questions.

6/16

Quilt Shows & Events

For a national and international calendar of quilt events go to the Studio Art Quilt Association website:
www.saqqa.com

July 31, 2013

Lowell Quilt Festival
Special group discounts for 5 or more.
Lowell Memorial Auditorium
Lowell, MA

August 2-3, 2013

Ladies of the Lakes Quilters' Guild
"Cheers for 35 Years"
Fri, 8/2 - 10a-5p; Sat, 8/3 - 10a-4p
Kingswood high School
396 S. Main St, Wofeboro, NH
www.llqg.net

August 15-18, 2013

World Quilt Show - New England XI
Radisson Center of New Hampshire
Manchester, NY

September 16-22, 2013

"Flights and Fantasies" Quilt Show
New England Air Museum
36 Perimeter Rd, Windsor Locks, CT
www.neam.org
Contact Jackie Kunkel at Jackie@cvquiltworks.com

September 21 & 22, 2013

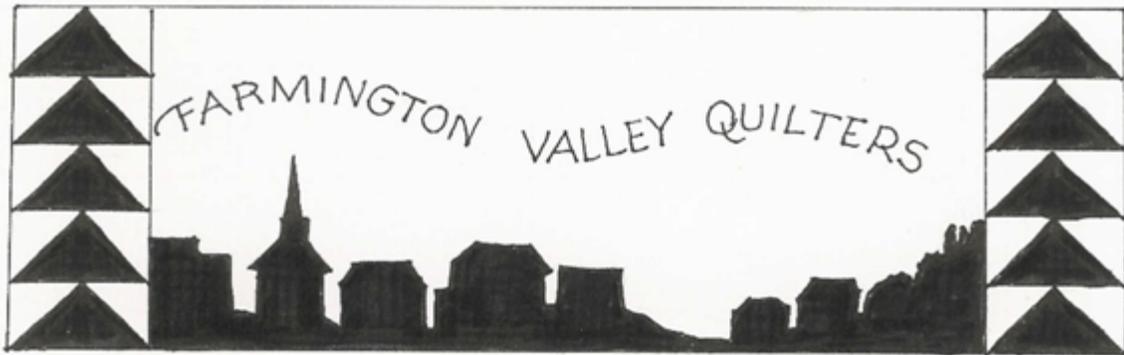
"Quilts and Quilting"
The Farmers' Museum in Cooperstown, NY

**2013—2014
FVQI Board Members**

President	Chris Snieckus
First Vice President	Maureen Eagan
Second Vice President	Sue Gauvain
	Sally Sargent Markey
	Elaine Reimer
Secretary	Robin Schofield
Treasurer	Lori Yount
Publicity	
Newsletter Editor	Christine Zepp
Quilt Show Chair	Lisa Salvatore

**2013—2014
Committees**

ABC Quilts	Debbie Jacoby & Donna Dellacamera
Bee Keeper	Jane Hadley
Fabric Swap Box	Sue Elliott
Friendship Blocks	Diane Popko
Hospitality	Anne Dodge & Peggy Thomsen
June Challenge	Elaine Reimer & Linda Walters
Library	Anne Dodge
	Lois Palmer
	Lynn Emery
Mystery Night	Linda Walter & Elaine Reimer
Neo Natal Quilts	Phyllis Small & Robin Schofield
Retreat—Fall	Meg Lines & Faith Roth
Retreat—Spring	Caroline Berman
Socials	Meg Lines & Faith Roth
UFO's	Lorna Knudsen & Chris Snieckus
Webmaster	Laurie Rio



Farmington Valley Quilters, Inc.
P O Box 172
Weatogue, CT 06089

Meetings typically held at
Eno Memorial Hall
Hopmeadow Street
Simsbury, CT

For more information
go to
www.fvqi.org